Interactive support material for medical students and continuing professional development

John Mucklow

University Hospital of North Staffordshire and Keele University Medical School, UK

CPT 2004 Brisbane

1. Web-based Therapeutics for medical students

2. Web-based CPD for specialists in CPT

Web-based Therapeutics for medical students

2002

- First cohort of 50 students from Manchester
 Medical School enrolled into Year 3 of course
- Course to be run according to Manchester design
- Problem-based learning during first 4 years of study
- Special study modules for learning in depth

| Year | Modules |
|------|---|
| 1 | Nutrition & Metabolism (N&M) |
| | Cardiorespiratory Fitness (CRF) |
| 2 | Abilities and Disabilities (A&D) |
| | Life cycle (LC) |
| 3 | Nutrition, Metabolism & Excretion (NME) |
| | Heart, Lung & Blood (HLB) |
| 4 | Mind & Movement (M&M) |
| | Families & Children (F&C) |

| Year | 1 | 2 | 3 | 4 | 5 | Total |
|---------|----|----|----|----|----|-------|
| 2002/03 | 0 | 0 | 50 | 0 | 0 | 50 |
| 2003/04 | 50 | 0 | 50 | 50 | 0 | 150 |
| 2004/05 | 50 | 50 | 50 | 50 | 50 | 250 |

Year Staff

2002/03 1 Senior Lecturer in CPT

2003/04 1 Senior Lecturer in CPT

1 Lecturer in Pharmacology (non-clinical)

The challenge

Question

How to provide support for CPT in a PBL course for 150-250 students with minimal personnel?

Answer

Compile an interactive web-based resource reinforced by regular tutorials to discuss the web-based material

Method

- Scrutinize PBL cases
- Identify all learning objectives concerning medicines
- Write learning material on clinical management of conditions discussed in weekly cases
- Link to material on drug action, effectiveness, clinical use and hazards
- Present attractively and update annually

Design of 'Medicine Chest'

- Contents page listing topics
 - Introduction
 - Therapeutics
 - Factfiles
- Quiz Centre
 - List of questions on each topic likely to be posed
- Text files on each topic
 - Providing answers to every question, with references and suggestions for further reading
- Test Centre
 - 5 statements on each topic requiring T/F answers
 - Links back to relevant text, explaining answers

Factfiles - minimum data set

- How does the drug act?
- How effective is it by comparison with other alternative forms of treatment?
- What are its adverse effects?
- With what other medicines can it interact?

Face-to-face teaching

Y1&2 Contribution to lectures on key topics
Attendance at Pharmacology practical classes

Y3 Weekly tutorials (24) for all students, using Test
Centre questions as basis for group discussion of
drug action and use

Y4 Monthly tutorials (3) for all students in M&M module using same format as in Year 3

Y5 Workshops (4) to develop prescribing skills

Demonstration of Medicine Chest

Feedback

Information derived from student questionnaires and individual comments:

- Medicine Chest is viewed as the most useful of all the web-based resources available, scoring an average 4.3 out of 5
- Most students access Medicine Chest at least once a week and have no adverse comments on content or quality
- Recurring comment is 'More files, please'
- Regular attendance (20-30) at weekly tutorials (not compulsory)

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Web-based CPD for specialists in CPT

CPD for specialists in CPT

'You must keep your knowledge and skills up to date throughout your working life. In particular, you should take part regularly in educational activities which develop your competence and performance.'

Good Medical Practice. GMC, 2001

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What knowledge? Which skills?

Delphi study 2000

- 20/79 specialists in CPT with NHS commitment
- Competencies drawn from SpR training curriculum
- 78 statements considered in four domains:
 - Core of knowledge
 - Therapeutic skills
 - Educative skills
 - Investigative skills

Example

A competent specialist in CPT should be able to:

• Explain the principles of pharmacovigilance

Delphi study 2000

• 58 statements (74.4%) accepted by over two-thirds of expert panel, in four domains:

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Core of knowledge 35
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- Therapeutic skills11
- Educative skills4
- Investigative skills

Delphi study 2000 Core of knowledge

- Pharmacodynamics
- Pharmacokinetics
- Pharmacogenetics
- Therapeutic drug monitoring
- Rational drug selection
- Evidence-based medicine
- ADRs and poisoning

- Drug interactions
- Concordance
- Pharmacovigilance
- Pharmacoepidemiology
- Pharmacoeconomics
- DTCs, APCs, NICE
- Clinical trial design
- Statistical analysis
- Ethical review

Delphi study 2000

Therapeutic skills

- Prescribe competently
- Select drugs rationally
- Optimize drug administration
- Optimize effectiveness and safety
- Prescribe cost-effectively
- Assess therapeutic and adverse effects of drugs
- Investigate and manage ADRs
- Advise on management of poisoning

Delphi study 2000

Educative skills

- Evaluate scientific papers
- Devise prescribing policies
- Develop formularies
- Develop guidelines

Investigative skills

- Interpret data on drug action
- Write subject information and consent forms
- Select and perform statistical tests
- Design case control study
- Investigate and report medication errors

BPS Clinical Section

Assist efforts of members to keep up to date by:

- Identifying best available reference sources of information to support each competency
- Signposting these sources on a dedicated website with a clear BPS identity
- Developing self-assessment material on website accessible to both specialists and trainees

Web site material

For each statement in the Delphi study, we asked:

- What should a specialist in CPT providing a service to the NHS be expected to know about this topic?
- To what published source(s) can the specialist turn to verify his/her knowledge and understanding of the subject in the most time-effective way?
- How might this knowledge and understanding be reliably assessed, either by the individual or independently?

Web site development

Collaboration with Blackwell Publishing

4 editors

26 contributors

42 competencies

Web site content

42 key competencies within 6 domains:

- pharmacological principles
- optimal choice and use of drugs
- hazards of drug use
- investigating drug effects
- investigating drug use
- managing drug use

Demonstration of the BPS CPD web site

Web site access

Accessible to:

- Subscribing members of BPS
- Other national societies on payment of fee

Visits to CPD web site

| Quarter | 2/03 | 3/03 | 4/03 | 1/04 | 2/04 |
|-----------------|-------|------|------|------|------|
| Total visits | 255 | 165 | 69 | 71 | 77 |
| Pages viewed | 2195 | 1888 | 936 | 392 | 506 |
| Total hits | 17801 | 8702 | 4151 | 4479 | 4229 |
| Unique visitors | 201 | 123 | 47 | 55 | 48 |

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Web site authors

Jeff Aronson

Nigel Baber

Michael Barry

Nick Bateman

David Barnett

Alison Blenkinsopp

Rob Carlson

Godfrey Collins

Simon Day

Martin Duerden

Geoff Edwards

John Feely

Morgan Feely

Robin Ferner

Alison Jones

Simon Maxwell

John Mucklow

Kevin O'Shaughnessy

Munir Pirmohamed

Jim Ritter

John Sweatman

Simon Thomas

Geoff Tucker

Derek Waller

Tom Walley

Steve Warrington